

# Hair Loss Today

Contributed by admin  
Thursday, 10 July 2008

Time and over hair has always been recognized as the symbol of beauty. History tells us that beautiful hair have always been dragging one's attention be it in a public or professional place. Hair be it of a man or a woman ultimately add on to a person's personality. Even in the past in countries like India women were considered beautiful and attractive if they maintained good long hair and similarly men were preferred to keep short smart hairstyles, Things are still the same even today though there has been some difference in the preferences of people but ideology remains the same. Hair remains a personality and first impression symbol for people. And in this case it becomes necessary for everyone to maintain their hair. However today we observe that hair loss of late is so common nowadays that we no more consider a doctor or a specialist and disregard it thinking it is not a disease indeed it is!! Hair loss is one such disease which disturbs one's outlook to a large extent. A person who suffers hair loss often lands up frustrated because of the certain imbalance which appears in his personality.

The scientific term used for this disease is Alopecia . alopecia occurs in various forms like when a person loses hair due to an injury or hair gets torn out it is called Traumatic alopecia, whereas losing hair because of medication process is termed as Drug &ndash;induced alopecia. Then there is another form where people suffer patches in some parts of the head this is known as alopecia areata which one can easily overcome. Next comes the androgenic alopecia which is nothing but male pattern baldness.

Hair loss today is most common due to the over increasing pollution levels that leads to the release of numerous harmful gases and toxics which harm our body in some or the other manner. However there are causes of hair loss as well like trauma, poor diet, stress, tension, a major injury or prolonged illness, chemical reactions caused by use of various shampoos, conditioners, dyes, colouring materials, etc., consuming certain antibiotics like Warfarin (COUMADIN), Allopurinol (ZYLOPRIM). Not only this hair loss can occur due heredity also. A few rare causes of hair loss are hormonal imbalance, cancers, liver and kidney failures, inadequate flow of blood, skin allergies, and infections like syphilis.

Though hair loss seems to a serious problem but it is still treatable which can be done by avoiding use of excessively chemicalized products. One must consult dermatologist if hair loss is rapid and occurs with problems like fever, vomiting, constipation etc. then it is necessary to follow a medical practioner's advice before trying any medication and intake a proper diet as well. Hair loss can avoided by maintaining the hair regularly. Also if it is severe then grooming, wigs, and surgery can follow up.

Hair loss as such is indeed a problem but can be easily overcome if one remains a little more careful about chemicals, heredity issues, diseases etc.{mosgoogle left}